



SEED – NEWSLETTER



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SEED – SCHOOL EMOTIONAL EDUCATION: THE
RIGHT PRACTICAL WAY FOR TEACHERS TO TEACH
EMOTIONAL EDUCATION IN PRIMARY SCHOOLS

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CODE: 2023-1-ES01-KA220-SCH-000153546



- Emotional intelligence determines how we communicate with people around us and how we perceive them. Emotional intelligence is the ability to understand, evaluate, interpret and respond to our own emotions as well as the emotions of others. Students with high emotional intelligence can explain their problems accurately and completely.

- It is imperative that teachers support children's emotional intelligence development process. The SEED project aims to develop a methodology that allows primary school teachers to develop the emotional intelligence of primary school students.



- In this context, first of all, surveys consisting of 12 questions were conducted with at least 50 primary school students in Turkey, Latvia and Lithuania in February 2024. Again, we conducted teacher focus group interviews on emotional intelligence with the participation of at least 10 teachers in the same schools. In the focus group interviews, interviews were conducted on the effects of emotional intelligence on students' success, what tools can be used in emotional intelligence training, and whether teachers have received emotional intelligence training before.



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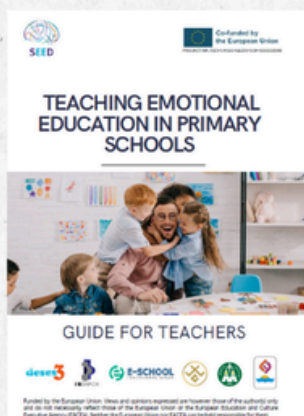


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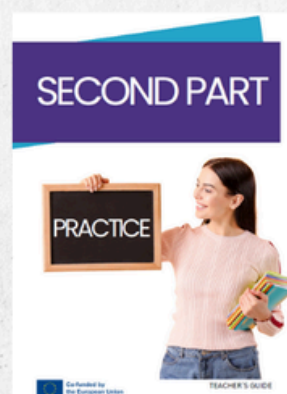
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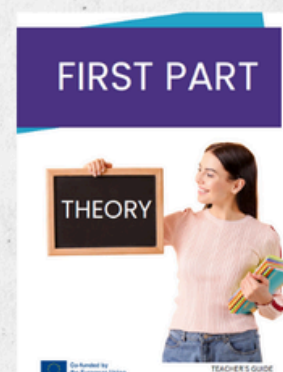


- The draft Teacher's Guide, which aims to develop emotional intelligence in primary schools, was prepared by the project partners in Spain in May 2024, considering student surveys and teacher focus group interviews. This guide is composed of two parts: The first part includes theories on emotional intelligence, while the second part includes activities on developing the emotional intelligence of primary school students.

- The Draft Teacher's Guide was examined by the teachers of the project's partners in Turkey, Latvia and Lithuania, who were interviewed in focus groups.



- The teachers who examined the Teacher's Guide, which consists of two parts as theory and practice, answered the evaluation survey consisting of open-ended questions and five-point Likert-type questions regarding the draft.



- The survey results were evaluated by the Spanish partners of our project and the Draft Teacher's Guide was finalized in September 2024.

- Thus, teacher trainings will be organized in Spain in November 2024 with the participation of the project partners using the "Teacher's Guide for Teaching Emotional Education in Primary Schools" booklet.

