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Educational resources for teaching staff working with seniors granted under Erasmus+

For many, retiring is a long-awaited event, an opportunity for elderly to have more time for themselves and their families. However, once retired, seniors have rare opportunities to remain active in their community. In time, their social inclusion reduces, which affects their mental and emotional health. Currently, the entire Europe is under the COVID-19 pressure and elderly people are the most affected category. More than ever, it is our stringent responsibility to value our seniors and create an enabling environment for them to learn and express themselves. It is urgent to take them out of the current setting, where the human rights were limited and the seniors' rights were limited even more than for other categories.

Many organizations working with seniors in all kinds of education and social care systems need models to develop an enabling [environment to support Seniors](#) to remain active and while ageing.

In this context, a newly established partnership led by [an association from Constanta](#), Romania, decided to move things forward and proposed an innovative learning environment for teaching and learning how to support elderly. The consortium is formed by five organizations:

- ASOCIATIA TEAM 4 EXCELLENCE, Romania
- ASOCIATIA VOLUNTARIAT PENTRU VIATA, Romania
- ASSOCIATION DESES 3, Spain
- FUNDATION "INSTYTUT BADAN I INNOWACJI W EDUKACJI", Poland
- PETIT PAS, Italy

The "SENIOR – Supporting Elderly Needs is Our Responsibility" project proposal has been evaluated and accepted for financing by the Romanian National Agency for Community Programmes in the Field of Education and Vocational Training.

The kick-off meeting scheduled in Romania, took place online, because of the international crisis caused by the COVID-19 outbreak. The Skype meeting was a good opportunity for partners to initiate a Community of Practice. We took initiative to share the knowledge and experience about the common passion for working with elderly, with an outlook to [improve services for elderly](#) and lobby policymakers.

The project aims at promoting lifelong learning and combating stereotypes about seniors 65+. The Community of Practice includes 25 adult educators which contribute to developing five theoretical and practical scenarios to foster active ageing, including the following topics:

- Know your senior
- Understand your senior
- Work with your senior
- Empower seniors to become active citizens for others
- Valuing your senior





For two years from now, the partner institutions will collaborate for creating attractive learnings materials, organizing pilot courses and informing about the progress of activities through the project web page <https://trainingclub.eu/senior/>. Here we will update our communities with details about the project implementation phases supported by the ERASMUS+ Programme of the European Commission.

